

# **New, ongoing adult psychotherapy group starting in Autumn 2019**

A new, ongoing adult psychotherapy group is due to start in the Autumn - a mixed gender group held at the Brighton & Hove Psychotherapy Practice in Hove on Saturday mornings.

This group will be guided by group-analytic principles and hold similar aims to psychoanalytic psychotherapy. It is suitable for psychologically minded adults seeking a rich psychotherapeutic experience.

Applicants will meet with Dorothea Beech, therapist, prior to joining the group in order to explore how the group can meet their needs.

The charge is £35.00 per 90-minute session. Concessions, rebates and payment plans are available through negotiation.

Spaces are also available on Monday evenings to join an already established group based on group analytic principles. Please contact Dorothea for further information, if you wish to make a referral or the possibility of joining yourself. (provided appropriate boundaries can be maintained).

**Dorothea C Beech** is a qualified Group Analyst with the Institute of Group Analysis and registered with the UKCP. Works with Individuals, couples and groups. Dorothea has had a long career in Healthcare related industries with more than 20 years of experience in running groups. A member of the Institute of Group Analysis where she serves on the International Courses Committee.

## **Dorothea Beech**

Group Analyst, Member IGA London, Training Analyst GA

<https://www.brightonandhovepsychotherapy.com/practitioners/dorothea-beech/>

01273 921 355